

## I BELIEVE...COMMUNION

United Methodists come from a rich tradition of beliefs and practices. Each week you are invited to dig deeper. Use these days to study, to pray, to consider what you believe. As United Methodists, our beliefs are formed and evaluated through a quadrilateral: scripture, history, experience, and reason. Read one scripture each day. Then dig deeper through the quotes and other resources on the page.

### **Join in the discussion!**

Sunday nights at 5PM we will be using the Lord's Prayer in a Conversational Confirmation Class.

Join Pastor Kim at *The Corner Bakery* on Thursdays at 3PM or 6PM to discuss this week's topic.

## COMMUNION

### **Readings for this week:**

Monday - Ex. 12:1-28, 43-51

Thursday - Luke 22:1-20; 24:28-32

Tuesday - John 6:25-59

Friday - 1 Kings 19:1-8

Wednesday - 1 Cor. 10:31-33, 11:17-34

Saturday - Ps. 116:12-16

### **From the Lord's Prayer:**

Give us this day our daily bread.

### **Dig Deeper:**

"Augustine on the nature of the Sacrament of the Eucharist"

[https://earlychurchtexts.com/public/augustine\\_sermon\\_272\\_eucharist.htm](https://earlychurchtexts.com/public/augustine_sermon_272_eucharist.htm)

*This Holy Mystery*

<https://s3.us-east-1.amazonaws.com/gbod-assets/generic/THM-BYGC.PDF>

**Terms to research:** Eucharist, Consubstantiation, Transubstantiation

### **Singing our Faith:**

What songs do you associate with communion?

### **For Reflection and Prayer:**

What are your memories around communion?

What are your questions?

Where do you agree with traditional belief? Where do you struggle?

### **Because I believe...:**

Write out a short statement that expresses your belief.