

WESTERN HILLS
UNITED METHODIST CHURCH
524 THUNDERBIRD DRIVE



Church Office

Sanctuary

Music Room

Stewart Family Life Center

Meals

Building C

- C2 - Prenatal Class
- C3 - Love & Logic Spanish
- C7 - Nursery
- C11 - Love & Logic English

Building B

- B7 - Homework Help

Entrances and Exits

Handicap Entrances

Restrooms

Handicap Parking



PARTNERS IN parenting



march of dimes

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UNITED METHODIST CHURCH



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BECOMING A MOM BORN TO PARENT

Wednesdays 6:15—7:30pm

- Week 1: You and Your Pregnancy
- Week 2: Prenatal Care
- Week 3: Eating Healthy
- Week 4: Stress During Pregnancy
- Week 5: Things To Avoid
- Week 6: Labor and Birth
- Week 7: Caring For Your Baby
- Week 8: Postpartum Care

EARN STORK'S NEST POINTS

Points will buy you:

- Diapers
- Bath Items
- Toys
- Blankets
- Clothes
- Sheets
- Breast Pump
- Stroller



BECOMING A LOVE AND LOGIC PARENT

Wednesdays 6:15—7:30pm
\$10 Workbook Fee

- Week 1: Raising Responsible Kids
- Week 2: The Love & Logic Formula
- Week 3: "C" Stands For Control That's Shared
- Week 4: "O" Is For Ownership Of The Problem
- Week 5: "O" Is Also For Opportunity For Thinking
- Week 6: "L" Stands For Let Empathy and Consequences Do The Teaching
- Week 7: Let's Wrap It Up And Take It Home
- Week 8: Review

HOW DO YOU PARENT?

Helicopter
Drill Sergeant
Consultant

HOMEWORK HELP

Wednesdays 6:15—7:30pm
Children 1st-4th grades can come and receive homework help while their parent/parents attend class.

NURSERY AVAILABLE

Wednesdays 6:15—7:30pm
Infants through Kindergarten

JOIN US FOR DINNER

Wednesdays 5:15—6:00pm
Stewart Family Life Center
Adults - \$5.00
Children Under 12 Eat Free
RESERVATIONS ARE REQUIRED
Call 915.584.2133

